# Juliet Stewart uncovers Beauty Beyond Botox

#### By Catherine Suchowij

Nyack business owner, Juliet Stewart, has operated her studio for nine years; helping women of all walks of life develop their own personal expressions of beauty.

Juliet is 50 this month, although she does not look it, and she is a purist when it comes to beauty regimens. Her quotable motto is: "No Botox, no fillers, no Photoshop....just exceptional skincare and smart nutrition."

True to her word, Juliet has not undergone any procedures to maintain her look and she encourages women to avoid them, steering them away from products with harmful ingredients whose side effects and long term usage can lead to health complications. For this important reason, she is introducing two new technologies to her studio this month.

With "No Thanks to the Banks", Juliet has formed a partnership with a UK company to introduce a new technology, ThermaCellRF®, that delivers extraordinary results to the face and body that is superior to conventional treatments, including invasive cosmetic surgery or Botox treatments.

ThermaCellRF® is a non-invasive technology which results in facial and body sculpting from skin tightening and fat reduction. ThermaCellRF® is very effective on stretch marks.

With only 4 to 6 treatments (and no recovery time with visible results from the first treatment), ThermaCellRF® lasts three years or more. Juliet is the first to have this technology on the East Coast. She has



Juliet Stewart in her Nyack studio.

regional exclusivity, and will also be distributing ThermaCellRF® in the U.S.

Today's economy is difficult, and Juliet intends not just to survive but to thrive. Her business model has always been to promote tested, trustworthy alternative health products with her beauty services.

Juliet has networked with medical professionals such as the Ashikari Breast Center in Dobbs Ferry, to create awareness about the less invasive medical treatments that these doctors pioneered for breast cancer surgery and with other cutting-edge doctors and companies who provide or advocate alternative health solutions.

Recently, Juliet was interviewed by Columbia University. She was sought out for her advocacy on two patented health supplements - Immunocal and Transfer Factor.

She was also interviewed about her other new technology, which is an innovative, painless, early breast abnormality detection device. It is an "early warning" tool to enhance self examination. However, the device does not substitute mammograms.

"Health" and "beauty" need to be joined. One of Juliet's fundamental beliefs is that you cannot expect a miracle from a jar. By avoiding sugar, artificial sweeteners, too much alcohol and excessive sun, you will slow down premature aging, improve skin tone, and at the same time, become

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Face sculpting before and after ThermaCell RF treatment.



### Stomach sculpting before and after ThermaCell RF.

healthier.

In the last year, Juliet has collaborated with Dr. Russell Imboden, an ICU doctor, who specializes in bariatric medicine and bio-identical hormones.

His nutritional program, Body Solution Systems, is easy to do with rapid results. It is not really a "weight loss" program. In fact, it is a diagnostic tool for doctors to use, but its side effects are weight reduction, skin tightening, increased muscle mass and loss of inches.

Anyone can do this program. The system is holistic, kosher and ideal for diabetics and anyone going through chemotherapy or radiation. Body Solution is available now in Juliet's boutique, but otherwise is only available through doctors.

Juliet has put together a team of creative professionals. Her longtime friend and colleague, former Chanel Director of Sales Promotions for Beauty, Skincare and Fragrance, Tim Doran, has joined Juliet. They are currently working on expanding her services into Manhattan.

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