



Erin Owen, standing, Julia Burrer, left, and other dancers perform Doug Varone's "Alchemy" at the Dance Theater Lab at Purchase College. Mike Roy/The Journal News

A peek at the process

Doug Varone invites audiences to explore his works during 2 shows this week at Purchase

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Netta Yerushalmy walks onto the bare floor as Doug Varone puts on his glasses and opens the Bible.

"I saw in my vision by night, and, behold, the Four Winds of Heaven broke forth upon the Great Sea."

The dancer breaks down against the wind, pushing against the water.

"And four great beasts came up from the sea, diverse as one from another."

Now she is possessed, controlled by the

beasts and a beast herself, struggling, unable to flee, threatened and threatening. She is transformed and the audience is stunned.

In the Dance Theater Lab at his alma mater, Purchase College, master choreographer Varone reads, and Yerushalmy, one of the eight dancers in his company, makes the vocabulary of movement respond.

"So I look at the Book of Daniel," Varone says in a quiet description of creation, "and now we build gestures from that. I capture sentences that jump out at me, that can later be used for creative imagery."

And those gestures become "Alchemy" — a powerful, compelling dance based on Steve Reich's "Daniel Variations," a score drawn from Daniel and the words of Daniel Pearl, the American reporter kidnapped and murdered by Islamic extremists in Pakistan in 2002.

The free, public workshop is part of Varone's

three-week residency at Purchase. Tonight, he'll break down "Castles," a 2004 work set to the waltz music of Prokofiev. Thursday, in a don't miss evening, the "text" is a work-in-progress, "Chapters from a Broken Novel."

Varone rarely works with such recognizable source material, he says. The Daniel Pearl story is only recent history. The company read the books. Varone talked with members of the Pearl family. The link between the two Daniels is clear: Jews, held hostage, who never denied their identity until the day they died. The alchemy: forging and finding that from tragedy, some good does emerge.

The four male dancers, Varone explains, are a composite of the Daniel characters. The four women, angellike, offer protection and comfort, seeking and reacting.

The dance is swift, athletic and complex.

SEE VARONE, 2D

Flawless look starts with skin

Expert Juliet Stewart shares tips for putting your best face forward

The Journal News

To achieve a flawless face, focus less on your makeup and more on your skin.

That's the mantra of Italian makeup artist Juliet Stewart, the owner of Juliet Stewart Makeup Boutique & Studio in Nyack. We sat down with Stewart recently to talk about skin care, as part of our ongoing "experts" series, in which we ask local professionals to share a few tips from their areas of expertise.

Stewart says your makeup simply won't apply well, or look natural unless you take care of what lies beneath.

What constitutes the basics of skin care?

Stewart recommends investing in a gentle exfoliator, to remove dead skin cells, and an effective moisturizer, to hydrate. Use products that contain appropriate ingredients for your skin's condition and age, she adds.

The payoff for your efforts: If you take good care of your skin, you'll need less makeup to achieve the look you desire.

Stewart swears by one particular skin care product: MEG 21 — an

SEE STEWART, 2D



Skin care expert Juliet Stewart says you'll need less makeup if you take good care of your skin.



Azalea bushes bloom in the gardens of Joan Turner's Garrison home. Ricky Flores/The Journal News

Private gardens to open for tour

5 blooming backyards in Garrison to welcome guests of conservancy

Bill Cary
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On Sunday, the Garden Conservancy is hosting a tour of five private gardens in Garrison.

Called "Our Backyards — The Garden Conservancy's Tour of Garrison Gardens," the rain-or-shine tour will run from 11 a.m. to 5 p.m. Registration is required and tickets cost \$40, which includes shuttle bus transportation, lunch and a closing reception with refreshments.

The day begins at 11 a.m. with a picnic lunch in Deborah Needleman's garden, followed by self-guided tours of the gardens of Sharon and Chris Davis, Grace Kennedy

Bill Cary's In the Garden blog: gardening.LoHudblogs.com.

and Tim D'Acquisto, Marilyn Young and Eric Erickson, and Joan Turner.

The tour ends with a wine reception at the home of Bill Burback and Peter Hofmann at Garrison's Landing on the banks of the Hudson River.

The day will also feature "Green Tutorials" by photographer Ngoc Minh Noh and writer Cynthia Kling.

Park at the Garrison train station at 1 Upper Station Road for a shuttle to the gardens.

For more information, visit www.gardenconservancy.org or call the Garden Conservancy, 9 a.m. to 5 p.m. weekdays, at 845-265-2029.

The Garden Conservancy, which is based in Cold Spring, is a national nonprofit organization founded in 1989 to preserve great gardens for the public's enjoyment.



Ricky Flores/The Journal News
Joan Turner's garden is a stop on a Garden Conservancy tour Sunday. Above, an iris.

INSIDE



Poison ivy, ticks and other woes

Our soggy stretch of weather has given us a bumper crop of weeds. Before you tackle your garden, check out Bill Cary's advice on coping with poison ivy, ticks and other garden woes.

GARDENING.LOHUDBLOGS.COM

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HUDSONVALLEY.MOMSLIKEME.COM

Coming tomorrow

Chappaqua curator Joan Aruz opens her Afghan treasures show at the Metropolitan Museum of Art.



New beers for hot days ahead

Captain Lawrence Brewing Co. in Pleasantville has some new seasonal brews. Read all about them on Liz Johnson's Small Bites blog.

LIZJOHNSON.LOHUDBLOGS.COM

VARONE: Shows expose creation

CONTINUED FROM 1D

Two or three times, the first woman onstage, danced by Erin Owen, moves her lips but makes no sound. Is she praying? Is her vision a dream in which she cannot bring herself to scream? She has seen something horrific.

Dancers move, often by the touch of others. The stage is filled with strong, sharp gestures. Varone's language includes strong feet, long arms and much floor work — fall, slide, stretch. There is tension, the movements now almost fettered, working against a force.

Now the men lie on the ground, the women over them. Everything is stopped. Owen rises, eyes heavenward, quaking, wracked. Is she receiving, or unable to give? Arms rising up over her head, she stands flat-footed — not reaching, just outstretched. Time stops.

Now the men lie in Muslim prayer, head on the floor, arms out. As the women approach from behind, they rise to their knees, all eight with arms in various positions.

Each man rises, it seems,

If you go

What: Doug Varone and Dancers, Exploring the Repertory.

Where: Dance Theater Lab, Purchase College Conservatory of Dance, 735 Anderson Hill Road, Purchase.

When: 7:30 p.m.

Tonight: "Castles," set to Prokofiev's Waltz Suite, Opus 110.

Thursday: A work-in-progress look at "Chapters from a Broken Novel."

Admission: Free. No reservations.

Information: 914-251-6803, dougvaroneanddancers.org

over the others, only to fall back to the ground. The women clearly comfort them, moving their limbs. They are in repose.

Finally, the men stand at the apron, looking at hands, praying silently, when they seem to be forced down from above. Their heads fall back. The women join hands. Their

faces turned to the future.

Seeing "Alchemy" with such intimacy puts you inside the creative circle. Varone takes questions as the dancers splay across the floor, stretching in post-game cool-down.

"I want to create works that lack a certain specificity (in order) to be universal," he says. "When I talked with Daniel Pearl's father, I stepped across that line."

"Often, I don't tell the dancers what the work is about... so they're not trying to give me what they think I'm looking for. Here, from the first day, we began sharing ideas."

That sharing made the story personal for Eddie Taketa. "There's a freedom to be yourself in (the dance)," he says. "To find the essence of what the Daniel Pearl story is and to play in it. There is a reverence and a great responsibility to it, but the dancing out there is a freedom."

Creating a Doug Varone dance has its "aha" moments, the choreographer says.

"You come upon something that you know has magic to it — and you keep it. You

hope that always occurs in the process and everything proceeds from it."

Which brings him to his new dance, "Chapters," the Thursday subject.

It's a major work, built from Varone's collection of pieces from novels he has collected over the years, "books whose sentences I've passionately underlined and scratched through beyond recognition."

He is building 40 "chapters" — some 10 minutes, some 15 seconds — with the sentences as jumping off points, trying to make sense of life, "every neurosis and every strategy for making sense of it."

It is a large undertaking, that changes the way Doug Varone and Dancers will spend their next year.

"For the creation of 'Chapters,'" he says, "we're not doing a New York performance season. We're just going to have open studio showings, once a month."

"Because this" — he moves his arm around the dance lab — "is thrilling. This is art. The other thing is presenting art."



Mike Roy/The Journal News

Choreographer Doug Varone, left, a Purchase College alumnus, talks to his dancers during an "Exploring the Repertory" workshop at the college's Dance Theater Lab. On Thursday, the company presents a look at a work-in-progress.



Mark Vergari/The Journal News

Juliet Stewart carries her own line of makeup, including eye shadows on display at her Makeup Boutique and Studio.

STEWART: Upkeep key to healthy skin

CONTINUED FROM 1D

If you go

Juliet Stewart Makeup Boutique & Studio
79 S. Broadway, Nyack.
845-358-8419;
julietstewart.com

anti-aging cream.

The lotion, which she says, "tightens, lifts and firms skin," was developed by doctors — not cosmetics professionals — and contains a compound called Supplamine that she says turns back the clock on lines and wrinkles and "gives the skin what it's losing as you age."

At \$110 a jar, in this economy it may be a splurge — OK, a big one — but you won't need a lot of other products.

"This is an eye cream, day cream and night cream all rolled into one," says Stewart. Apply it twice a day and she says you'll see healthier, younger-looking skin.

"All the makeup in the

world will not do justice to you, or to the products, if the skin is not properly maintained," she says.

Stewart recommends sticking with a skin care and makeup regimen that works for you, rather than going for what's in and trendy.

"I'm not your traditional makeup artist in that I don't follow trends," she says bluntly.

Fortunately, healthy skin is always in style.



Mark Vergari/The Journal News

One of Juliet Stewart's must-haves is MEG 21. She also recommends Crystal Peel and Babor, all on display at her Nyack Makeup Boutique and Studio.

Juliet Stewart's must-have products

Microdermabrasion (tube): Key to removing discolored dead-skin cells, this exfoliating product also helps with oxygenating the skin, therefore making foundation look much smoother (\$45).

MEG-21 Moisturizer 3 in 1: This combination eye cream, day cream and night cream reduces the appearance of fine lines and wrinkles. It also increases moisture and improves overall skin texture, keeping it firm and smooth. Stewart says you can see results in four weeks (\$110 face cream/\$135 neck cream).

Baby wipes: Use them to clean your makeup brushes and kill bacteria.

Top Tricks

1. If you can only do two things, apply eye brows and lipstick. Brows frame the face, lipstick balances the face.

2. Match your foundation to your neck. Make sure it's never darker than your neck as it will make your face look tired, drawn and it will make your skin look much older. Avoid bronzers as they will enhance fine lines and wrinkles.

3. Exfoliate your lips. This will help maintain your lipstick color and will help lip liner go on

smoother.
4. Keep your cheek color as light as possible. Too much color is aging and unapproachable. Instead, play up your eyes and lips.
5. Exfoliate. Try Crystal Peel Lip & Face Microdermabrasion Exfoliate (tube): It removes dead skin cells and also helps with oxygenating the skin, therefore making foundation look much smoother (\$45).
6. Clean your make-up brushes with baby wipes. They kill bacteria.

PRIME TIME

See Sunday's TELEVISION guide for complete TV listings

Movie

Channel	8:00	8:30	9:00	9:30	10:00	10:30
2 WCBS	How I Met Your Mother: Naked Man. New tactic. (TVPG) (HD)	Rules of Engagement: Voluntary Com. Male assistant. (TVPG) (HD)	Two and a Half Men: Devil Lube. Friend's death. (TV14) (HD)	The Big Bang Theory: Hofstadter Iso. Comic book fan. (TV14) (HD)	CSI: Miami: Cheat Death. A man is found handcuffed and stabbed in his hotel room; a prank causes a rift. (TV14) (HD)	
4 WNBC	I'm a Celebrity ... Get Me Out of Here! (TVPG) (N)				Dateline NBC (N)	
5 WNYW	House: Painless. The team treats a suicidal man for chronic pain; Cuddy has motherhood issues. (TVPG) (HD)		Lie to Me: Moral Waiver. A soldier raises accusations of sexual assault; a college athlete investigated. (HD)		FOX 5 News at 10: News events of the day, late breaking news and NYC area weather forecasts. (N)	
7 WABC	The Bachelorette 5 (N)				Here Come the Newlyweds: Have Tapeworm. Husbands identify plates of food; minivans are packed with vacation items. (TVPG) (N)	
9 WWOR	Masters of Illusion: "Rope Trick"; "Water Torture Cell." (TVPG) (HD)		Magic's Biggest Secrets Finally Revealed: Walking through glass; vanishing. (TVPG) (HD)		My 9 News (N)	
11 WPXN	Gossip Girl: Ex-Files. Serena is jealous; Catherine's secret. (TV14) (HD)		One Tree Hill: Bridge Water. Haley investigate's Dan's disappearance. (TV14) (HD)		CW11 News at Ten (N)	
13 WNET	Antiques Roadshow: Tampa, Part 2. (HD)		History Detectives: War Dog Letter. (N) (HD)		In the Life: 40th Anniversary of Stone. (TV14)	
21 WLIW	Smokestack Lightning		Antiques Roadshow: Hartford, CT. (TV G) (HD)		MI-5: Who Guards. Zulifakir in danger. (TV14)	
25 WNYE	Globe Trekker: Spanish Islands. (TVPG)		Invisible Girlfriend: '09, Documentary		Everybody Loves the Tinklers	
31 WPXN	Ghost Whisperer: Mended Hearts. (TVPG) (HD)		NCIS: Twist Sister. McGee's sister. (TV14) (HD)		NCIS: Smoked. Remains of killer. (TV14) (HD)	
41 WXTV	Cuidado con el ángel: Marichuy huye. (TVPG)		Mañana es para siempre: Verdad descubierta.		Cristina: Temas humanos. (TV14)	
47 WJLU	Más sabe el diablo: Amor prohibido.		Sin senos no hay paraíso: Mundo de drogas y perdición.			
48 RNN	Law & Order: Criminal Intent (TV14) (HD)		Creflo Dollar	Shopping Channel	Paid Program	Shopping Channel
55 WLNY	The Ellen DeGeneres Show (TV G)		Wheel of Fortune (N)	Jeopardy! (N) (HD)	Judge Judy (TV G)	Judge Judy (TV G)
63 WMBC	Power in the Word	Korean-YTN News (N)	The Road Home		News (TV G) (N)	NTDTV - We (TV G)
CABLE	8:00	8:30	9:00	9:30	10:00	10:30
A&E	Intervention: Chad. Former bicyclist. (TV14) (HD)	Intervention: Jason. Drug addiction. (N) (HD)	Obsessed: Shannon; Todd. (TVPG) (N) (HD)			
AMC	The Bone Collector: ★★ (99, Thriller) Denzel Washington. A gifted, though disabled, detective to get inside the mind of a terrifying madman stalking Manhattan before he strikes again. (R) (HD)		Carlitto's Way: ★★ (93) Al Pacino. (R)			
BET	House Party 4: Down to the Last Minute: ★ (00, Comedy) Marques Houston. Boy house sits. (NR)		College Hill (HD)		Welcome to (S)	
BRAV	The Real Housewives of New Jersey: Finale.		Kathy Griffin: My Life on the D-List (TV14)		Kathy Griffin: My Life on the D-List (TV14) (N)	
CNBC	CNBC Reports: Politics and money. (N)		Inside American Airlines: One week with airlines execs and crew.			
CNN	Campbell Brown News and commentary. (N)		Larry King Live: Interviews with celebrities. (N)		Anderson Cooper 360: Breaking news. (N)	
COM	Waiting ... (05, Comedy) Ryan Reynolds. (R) (HD)	Futurama (TVPG)	Futurama (TVPG)		Futurama (TVPG)	Futurama (TVPG)
DIS	Camp Rock: ★ (08, Musical) Demi Lovato. Aspiring singer. (NR) (HD)		Phineas and Ferb		Wizards (TV G)	JONAS (TV G)
DSC	Dirty Jobs: Leech Trapper. Catching leeches.		Swamp Loggers: Cutting It Up. Snowstorm.		Swamp Loggers: Logging Steak. (TVPG) (N)	
ENC	Bring It On: ★★ (00, Comedy) Kirsten Dunst. Rival cheerleaders. (PG-13)		40 National Lampoon's Animal House (78, Comedy) John Belushi. (R)			
ESPN	(7:00) College Baseball from Rosenblatt Stadium in Omaha, Neb. (Live)		Baseball Tonight (HD)			
ESPN2	(7:00) MLB Baseball St. Louis Cardinals at New York Mets from Citi Field (Live) (HD)		SportsCenter from Bristol, Conn. (HD)			
FAM	The Secret Life of the American Teenager (N)		Make it or Break it Pilot. (TV14) (N) (HD)		The Secret Life of the American Teenager	
FOXN	The O'Reilly Factor: News talk. (N)		Hannity: Conservative news. (N)		On the Record with Greta Van Susteren (N)	
FX	Night at the Museum: ★★ (06, Fantasy) Ben Stiller. A night watchman is shocked to discover that museum exhibits come to life. (PG) (HD)					
HBO	Real Time with Bill Maher: Scheduled: Meghan McCain. (TVMA) (HD)		Run, Fatboy, Run: ★★ (08, Comedy) Simon Pegg. A man runs in marathon to prove his love for his fiancée he jilted years ago. (PG-13) (HD)		Harold & Kumar Escape (08) (R) (HD)	
HIST	Life After People: Heavy Metal. New York's buildings and bridges fall. (TVPG) (HD)		The Crumbling of Africa (TVPG) (N) (HD)			
IFC	The Big Empty: ★★ (03, Drama) Jon Favreau. Strange goings-on. (R)		Criminal Law: (89, Thriller) Gary Oldman. An attorney frees a killer. (R)			
LIFE	Reba Skating Away. Reba Proud Reba. Reba seeks job. (TVPG)		Army Wives: Moving Out. Claudia Joy looks for a place to live. (TVPG)		Desperate Housewives: Pretty Little. The late Mary Alice's dinner party. (TVPG)	
MAX	The Distinguished Gentleman: ★★ (92, Comedy) Eddie Murphy, Lane Smith. A small-time con man throws his hat into the ring and gets himself elected to the House of Representatives. (R) (HD)				Babylon A.D.: ★★ (08, Science Fiction) Vin Diesel. Orphan is escorted. (PG-13) (HD)	
MSG	Once in a Lifetime		50 Greatest Moments at MSG			
MSGBL	World Poker Tour		UltimateBet.net Best Damn Poker Show		Game 365	FSN The Final Score
MSNBC	Countdown with Keith Olbermann (N)		The Rachel Maddow Show: News and views. (N)		Countdown with Keith Olbermann	
MTV	MADE: Hip Hop Dancer. Dancing instruction.		Run's House: Hawaii Vacation. (TVPG)		Run's House (N)	Run's House (N)
NICK	Ned's Guide (TVY7)	SpongeBob (TV G)	Home Improvement		George Lopez (TVPG)	George Lopez (TVPG)
SCI FI	Star Trek: The Next Generation: Borg attack!		Star Trek: The Next Generation: Borg attack!		Star Trek: The Next Generation: Family.	
SHO	(7:30) Into the Wild: ★★ (07, Adventure) Emile Hirsch. A young man hitchhikes into the Alaskan wilderness. (R) (HD)				WEEDS: Su-Su-Sucio. (TVMA) (N) (HD)	Nurse Jackie: Chicken Soup. (TVMA) (N) (HD)
SNY	MLB Baseball St. Louis Cardinals at New York Mets from Citi Field (Live)		Mets Post Game (HD)		SportsNITE (HD)	SportsNITE (HD)
SPIKE	UFC Unleashed: Matt and Joe. (TV14) (HD)		UFC Unleashed: Stephan Bonnar. (TVPG) (HD)		4th and Long Sacrifices. (TV14) (N) (HD)	
STARZ	(7:00) The Other Boleyn Girl: ★★ (08, Drama) Natalie Portman. Sisters woo king. (PG-13)		The Perfect Holiday: (07, Comedy) Morris Chestnut. Claus to aid her in finding a husband for her divorced mother. (PG)		Bridget Jones's Diary: ★★ (01) (R)	
TBS	Family Guy (TV14)	Family Guy (TV14)	Family Guy (TV14)	Family Guy (TV14)	My Name Is Earl (HD)	My Name Is Earl (HD)
TCM	George Stevens: A Filmmaker's Journey: ★★ (84) A look into the life of George Stevens reveals the rise of a young cameraman to one of Hollywood's most well-known film directors.				Shane: ★★ (53, Western) Alan Ladd. A drifter aids threatened homesteaders. (NR)	
TLC	Jon & Kate Plus 8	Jon & Kate Plus 8	Jon & Kate Plus 8 (N)	Jon & Kate Plus 8	The Cake Boss (N)	The Cake Boss
TMC	Stuck (08, Horror) Mena Suvari. A woman strikes a man with her car and he becomes lodged in her windshield. (R) (HD)		Sarah Silverman: Jesus Is Magic (05, Comedy) Sarah Silverman. Music and sketches. (NR) (HD)		Skinwalkers (07) Jason Behr. (PG-13) (HD)	
TNT	The Closer: Money. Wealthy investor. (R)		The Closer: Red Tape. Police shooting. (N) (HD)		Raising the Bar: Curious Case. (TV14) (N)	
truTV	World's Dumbest (TV14)		Operation Repo		Operation Repo (N)	Operation Repo
TVL	Married ... (TVPG)	Married ... (TVPG)	Married ... (TVPG)		Married ... (TVPG)	Married ... (TVPG)
USA	NCIS: Brother Arm. Contact killed. (TV14) (HD)		WWE Monday Night RAW			
VH1	Brooke Knows Best	Brooke Knows Best	Rock of Love: Charm School: Aspire to Charm.		New York Goes On	Gotti's Way (N)
YES	(7:00) Yankee Classic 1996 World Series-Game #6. Yankees vs Atlanta		Joe Girardi Show		Best of Mike	

Key: Movies are (shaded). Movie ratings: no stars, unrated; ★★ fair; ★★★ good; ★★★★ excellent. (N) New show. (Around-the-clock listings are available at www.LoHud.com/tvlistings). FYI Television, Inc.

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